



ज्ञान-विज्ञान विमुक्तये

प्रो. श्यामा रथ  
सचिव

**Prof. Shyama Rath**  
Secretary



सत्यमेव जयते



आज़ादी का  
अमृत महोत्सव  
विश्वविद्यालय अनुदान आयोग  
**University Grants Commission**  
(शिक्षा मंत्रालय, भारत सरकार)  
(Ministry of Education, Govt. of India)

D.O.No.F.1-1/2025(YOGA)

5<sup>th</sup> June, 2026

**Subject: Guinness World Record Attempt by participating in online Yoga Session as part of International Day of Yoga (IDY) 2026 – reg.**

Dear Madam/Sir,

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness and harmony. In continuation of this collective endeavour, the Ministry of Ayush in association with Habuild Healthtech Pvt. Ltd. is organizing the Guinness World Record attempt on **14<sup>th</sup> June 2026 (6:15 AM to 7:35 AM)** as part of the celebrations of International Day of Yoga (IDY) 2026. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform.

To participate in this event, individuals are requested to register by giving a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message containing the session link. On the day of the Guinness World Record attempt, participants must individually log in through their own device, as each registered device joining the session will be counted towards the official record.

All the HEIs are, therefore, requested to ensure maximum participation by encouraging their students, faculty and staff to join separately through their personal devices and actively participate in the Guinness World Record attempt as part of IDY 2026 celebrations.

With regards,

Yours sincerely,

*Shyama Rath*  
(Shyama Rath)

To,

All HEIs.